# **Clothes and Packing**



Pack a week before you are due to leave home. Two days before you leave unpack and decide what you can live without - this should be about half of it! Repack only the things you really need. Layering your clothing is how most Brits deal with the weather, so think about bringing a jacket or hoodie that you can easily carry with you while on fieldtrips for if it becomes chilly.

The UK climate is very changeable. In summer months temperatures in the south of England can be around  $25^{\circ}\text{C}$  ( $77^{\circ}\text{F}$ ) or higher. However, it might also be cooler with temperatures of  $16^{\circ}\text{C}$  ( $60^{\circ}\text{F}$ ). It can rain often, but usually in short bursts so bring an umbrella and a waterproof jacket. Remember, you are packing for a month, not a year! There are laundry facilities at the halls you'll be living in. You do not need to bring everything so please don't try. You will also need space in your suitcase for all the things you will buy here!

For information on the weather, check here.

The most important thing to have from day one is a pair of comfortable shoes. **You will be walking a lot** so don't buy new shoes just before you leave home!

# **Packing List**

You need to carry the following with you in your hand luggage:

- Valid Passport, with visa if necessary
- Immigration letter confirming your participation in the Summer School from Kingston University
- Evidence that you will be able to support yourself financially throughout your course
- Cash in £ sterling for immediate needs on arrival and credit/debit cards for later.
- Laptop computer and your phone
- A jacket or sweater (it may be cold/raining when you arrive!)

## Essentials for your suitcase:

- Clothes for hot weather *and* cold weather
- Ear plugs (just in case!)
- An umbrella and/or waterproof jacket
- Comfortable shoes that you can walk for miles in!

## What not to bring:

- Electrical items (unless they're dual voltage) especially straightening irons and hair dryers (you can buy these for cheap here).
- Sheets. Accommodation will provide these for your rooms.

The number one piece of advice previous students would give you is:

## **DON'T PACK TOO MUCH!**

You will not use everything you bring.
You will definitely want room for the things you will buy!

If you cannot carry (or lift) your bag(s) comfortably then
you have packed too much!!